

The Republic of the Union of Myanmar
Ministry of Transport and Communications
Department of Civil Aviation



MYANMAR CIVIL AVIATION REQUIREMENTS

Part 5 : Air Navigation Services

Section 10 – Instrument Flight Procedure Design

First Edition

Issued Date: 1st July 2018

TABLE OF CONTENTS

RECORD AMENDMENT	LOA-1
TABLE OF CONTENTS	TOC-1
LIST OF EFFECTIVE PAGES	LEP-1
FOREWORD	FOR-1
DEFINITIONS	DEF-1
ABBREVIATIONS	DEF-2
CHAPTER 1 INTRODUCTION	1-1
1.1 General	1-1
1.2 MCAR part 5 Section 10 – Instrument Flight Procedure Design	1-1
CHAPTER 2 Instrument Flight Procedure Design Office	2-1
2.1 ORGANISATION	2-1
2.2 Instrument Flight Procedure Design Manual	2-1
2.3 Resource Requirements	2-2
2.4 Documents and Records Control System	2-2
CHAPTER 3 Instrument Flight Procedure Designer Qualifications and Training	3-1
3.1 IFP Designer Qualifications	3-1
3.2 Training for IFP Designers	3-1
CHAPTER 4 Procedure Design Information Acquisitions and Quality Assurance	4-1
4.1 Information Acquisition	4-1
4.2 Quality Assurance	4-1
CHAPTER 5 Instrument Flight Procedure Design Process	5-1
5.1 Introduction	5-1
5.2 Procedure Design	5-1
5.3 Procedure Design Documentation	5-1
5.4 Ground and Flight Validation	5-2

CHAPTER 6 Safety Assessments	6-1
6.1 Safety Assessment	6-1
CHAPTER 7 Design Publications	7-1
7.1 Publication of Instrument Flight Procedures	7-1
CHAPTER 8 Procedure Design Automation	8-1
8.1 General	8-1
8.2 Procedural Design Automation	8-2
APPENDIX 1	APP-1

MCAR PART 5 - AIR NAVIGATION SERVICES
SECTION 10 - INSTRUMENT FLIGHT PROCEDURE DESIGN

List of Effective Pages

Section	Page	Amendment No.	Date
Preface	FOR-1	Initial Issue	
List of Amendments	LOA-1	Initial Issue	
Table of Contents	TOC-1	Initial Issue	
	TOC-2	Initial Issue	
List of Effective Pages	LEP-1	Initial Issue	
Foreword	FOR-1	Initial issue	
Definitions and Abbreviations	DEF-1	Initial Issue	
	DEF-2	Initial Issue	
Chapter 1- Introduction	1-1	Initial Issue	
	1-2	Initial Issue	
Chapter 2- Instrument Flight Procedure Design office	2-1	Initial Issue	
	2-2	Initial Issue	
Chapter 3 - Instrument Flight Procedure Designer Qualifications and Training	3-1	Initial Issue	
Chapter 4- Procedure Design Information Acquisition and Quality Assurance	4-1	Initial Issue	
Chapter 5 –Instrument Flight Procedure Design Process	5-1	Initial Issue	
	5-2	Initial Issue	
	5-3	Initial Issue	
Chapter 6 –Safety Assessment	6-1	Initial Issue	
Chapter 7 - Design Publication	7-1	Initial Issue	
Chapter 8-Procedure Design Automation	8-1	Initial Issue	
Appendix 1-Instrument Flight Procedure Design Process	APP-1	Initial Issue	

MCAR PART 5 - AIR NAVIGATION SERVICES
SECTION 10 - INSTRUMENT FLIGHT PROCEDURE DESIGN

FOREWORD

In exercise of the powers conferred by Section 5 (A) (C) of the Myanmar Aircraft Act (Amended 15th October, 2013) and the delegated powers from the Ministry of Transport and Communications as per Notification No.118/2009 dated 9 October 2009, the requirements for the MCAR Part – 5 Section 10 is prescribed and shall take effect from 1st July, 2018.

The content of this MCAR is intended to be harmonized with contents of other related MCARs issued by DCA, Myanmar.



Director General
Department of Civil Aviation

DEFINITIONS AND ABBREVIATIONS DEFINITIONS

Instrument flight procedure : A published procedure used by aircraft flying in accordance with the instrument flight rules which is designed to achieve and maintain an acceptable level of safety in operations and includes an instrument approach procedure, a standard instrument departure, a planned departure route and a standard instrument arrival.

Instrument flight procedure design organization: Referring to an organization responsible for the design and maintenance of instrument flight procedure.

Instrument flight procedure designer: A person who has acquired and maintained the required competency level to design instrument flight procedures in accordance with the applicable criteria.

Instrument approach procedure: A series of pre-determined manoeuvres by reference to flight instruments with specific protection from obstacles from the initial approach fix, or where applicable, from the beginning of a defined arrival route to a point from which a landing can be completed and thereafter, if a landing is not completed, to a position at which holding or en-route obstacle clearance criteria apply.

Standard instrument departure: A designated instrument flight rule (IFR) departure route linking the aerodrome or a specific runway of the aerodrome with a specified significant point, normally on a designated ATS route, at which the enroute phase of a flight commences.

Planned departure route: A notified instrument flight rule departure (IFR) route linking the aerodrome or a specific runway of the aerodrome with a specified significant point, normally on the boundary of controlled airspace associated with the aerodrome.

Standard instrument arrival: A designated instrument flight rule arrival (IFR) route linking a significant point, normally on an ATS route, with a point from which a published instrument approach procedure can be commenced.

MCAR PART 5 - AIR NAVIGATION SERVICES
SECTION 10 - INSTRUMENT FLIGHT PROCEDURE DESIGN

ABBREVIATIONS

DCA	Department of Civil Aviation
AIP	Aeronautical Information Publication
AIS	Aeronautical Information Services
ATC	Air Traffic Control
ATS	Air Traffic Services
CRM	Collision Risk Model
FIR	Flight Information Region
ICAO	International Civil Aviation Organization
IFP	Instrument Flight Procedure
IFR	Instrument Flight Rules
MOS	Manual of Standards
OJT	On-the-Job Training
PANS-OPS	Procedure for Air Navigation Services – Aircraft Operations
MCAR	Myanmar Civil Aviation Requirement

CHAPTER 1: INTRODUCTION

1.1 GENERAL

MCAR Part 5 Section 10 – Instrument Flight Procedure Design provides standards and requirements for the design and maintenance of instrument flight procedures (IFP). This is to ensure that all published IFP intended for use by aircraft operating under instrument flight rules (IFR) in Yangon flight information region (FIR) meet ICAO requirements for instrument flight procedures.

The IFP design organization shall ensure that the quality and safety of the procedure design product are assured through the review, verification, coordination and validation at appropriate points in the process, so that corrections could be made at the earliest opportunity in the process.

In the interest of safety, the IFP design organization shall implement the provisions in the MCAR Part 5 Section 9 – Instrument Flight Procedure Design and PANS-OPS in a consistent manner, using processes that will minimize the possibility of errors, identify errors that do occur before they impact safety, and provide for continuous improvement of the procedure design process in order to eliminate or reduce future errors.

1.2 MCAR Part 5 Section 10 – INSTRUMENT FLIGHT PROCEDURE DESIGN

This Regulation should be read in conjunction with:

- a) ICAO Doc 8168 Volumes I and II - Procedures for Air Navigation Services – Aircraft
- b) Operations (PANS-OPS)
- c) ICAO Doc 9368 – IFP Construction Manual
- d) ICAO Doc 9371 – Template Manual
- e) ICAO Doc 9724 – CRM Manual
- f) ICAO Doc 9365 – All Weather Operations Manual
- g) ICAO Doc 9613 – PBN Manual
- h) ICAO Doc 9573 – RNAV Operations
- i) ICAO Doc 9674 – World Geodetic System 1984 (WGS 84) Manual
- j) ICAO Doc 8697 – Aeronautical Chart Manual
- k) MCAR Part 5 Section 8 – Aeronautical Charts
- l) MCAR Part 5 Section 5 – Units of Measurements to be used in Air Operations and Ground Operations
- m) ICAO Annex 6 – Aircraft Operations
- n) MCAR 135 – Aerodromes
- o) MCAR Part 5 Section 7 – Aeronautical Information Services

MCAR PART 5 - AIR NAVIGATION SERVICES
SECTION 10 - INSTRUMENT FLIGHT PROCEDURE DESIGN

In this regulation, standards are preceded by the word “shall”, whereas recommended practices are preceded by the word “should”. The IFP design organization shall comply with all standards at all times and should endeavour to comply with all recommended practices.

When the IFP design organization is not able to comply with any standards specified or referenced in this Regulation, the IFP design organization shall apply to DCA for exemption or deviation from the relevant standards. Applications shall be supported in writing with the reasons for such exemption or deviation including any safety assessment or other studies undertaken and where appropriate, an indication of when compliance with the current standards can be expected.

When the IFP design organization is not able to comply with any recommended practices specified or referenced in this Regulation, the IFP design organization shall notify the DCA of the noncompliance or deviation with the supporting reason including any safety assessment or other studies undertaken, and where appropriate, an indication of when compliance with the current recommended practices can be expected.

Any exemption or deviation granted to the IFP design organization shall also be recorded in the operations manual. The operations manual shall also contain the details of the exemption or deviation, such as the reason that the exemption or deviation was requested and any resultant limitations or conditions imposed.

The IFP design organization shall ensure that the units of measurement as specified in the Regulation of Standards – Units of Measurement to be used in Air and Ground Operations are used in the design of instrument flight procedures where applicable.

CHAPTER 2: INSTRUMENT FLIGHT PROCEDURE DESIGN OFFICE

2.1 ORGANIZATION

The IFP design office under the air traffic management division shall enable the IFP designer to carry on design work in instrument flight procedures in accordance with the requirements set out in this Regulation.

The IFP design office shall ensure that the designs of instrument flight procedure are in accordance with:

- (a) applicable standards set out or referred to in ICAO Doc 8168; and
- (b) applicable standards as set out in this Regulation.

The IFP design office shall make provisions for a person(s) trained in IFP design to check and verify independently the plans of each instrument flight procedure designed.

Note – A reference to verifying an instrument flight procedure is a reference to the process of checking the procedure (including all data, computations and drawings for the procedure) in accordance to the applicable standards set out in the MCAR Part 5 Section 10 - IFP Design.

2.2 INSTRUMENT FLIGHT PROCEDURE DESIGN MANUAL

The IFP design office under the air traffic management division shall develop and maintain operations manual. The operations manual shall serve to demonstrate how the service provider will comply with the requirements set out in the MCAR Part 5 Section 10– IFP Design.

The contents of the operations manual shall include but not limited to the followings:

- (a) The information required of the IFP design office as mentioned in this regulation; and
- (b) A description of the IFP design office that shows the role, responsibilities and job functions of the IFP design office personnel who are responsible for ensuring the compliance of the organization with the requirements in subparagraph (a).

The IFP design office shall:

- (c) keep the operations manual in a readily accessible form;
- (d) ensure that the IFP designer has ready access to the operations manual; and
- (e) amend the operations manual whenever necessary to keep its content up to date

The IFP design office shall submit a copy of the MCAR current operations manual to Department of Civil Aviation.

2.3 RESOURCEREQUIREMENTS

The IFP design office shall provide and maintain facilities for the design work on instrument flight procedures. This would include:

- (a) having available equipment appropriate for the design, design verification, flight validation and maintenance of the types of instrument flight procedures;
- (b) access to relevant and current data including, but not limited to, aeronautical data, land contour data, and obstacle data for the design, design verification, flight verification and maintenance of the instrument flight

MCAR PART 5 - AIR NAVIGATION SERVICES
SECTION 10 - INSTRUMENT FLIGHT PROCEDURE DESIGN

procedures; and

- (c) readily access to copies of relevant documentation comprising technical standards, practices and instructions, and any other documentation that may be necessary for the design, design verification, flight validation, and maintenance of the types of instrument flight procedure.

If an aeronautical database and aeronautical data is required for designing an instrument flight procedure, the IFP design section shall ensure the integrity of the database and the data. The data used shall be current, traceable, and meets the required level of verifiable accuracy for the design.

2.4 DOCUMENTS AND RECORDS CONTROL SYSTEM

The IFP design office shall establish and put into effect, a system for controlling documents and records relating to the instrument flight procedures on which the designer carries on design work, including the policies and procedures for making, amending, preserving and disposing of those documents and records.

The IFP design office shall, at DCA's request, make the documents and records, or copies of them or extracts from them, available for inspection by DCA

CHAPTER 3: INSTRUMENT FLIGHT PROCEDURE DESIGNER QUALIFICATIONS AND TRAININGS

3.1 IFP DESIGNER QUALIFICATIONS

The IFP design office shall ensure that a person designing or amending a flight instrument procedure demonstrates required competency level for flight procedure design. IFP designers shall acquire and maintain this competency level through training and supervised on-the-job training (OJT). This is to ensure that the quality assurance in the procedure design process and its output, including the quality of aeronautical information/data, meets the requirements of MCAR Part 5 Section 7 – Aeronautical Information Services and MCAR Part 5, Section 8 – Aeronautical Charts.

3.2 TRAINING FOR IFP DESIGNERS

The training for IFP designers shall include an initial training and recurrent training at periodic intervals.

The IFP design office shall ensure that the IFP designer is able to demonstrate a basic level of competency through initial training that includes at least the following elements:

- (a) overview of ICAO Standards and Recommended Practices (SARPs) relating to IFP design and promulgation;
- (b) knowledge of information contained in ICAO Doc 8168 – PANS-OPS, and other related ICAO provisions relevant to procedure designs;
- (c) general criteria in IFP designing;
- (d) non-precision approach design;
- (e) precision approach design;
- (f) instrument departure designs;
- (g) criteria for RNAV, GNSS and RNP; and
- (h) practical exercises in the design of procedures.

The IFP design organization shall ensure that the IFP designer is able to demonstrate a basic level of competency through recurrent training that includes at least the following elements:

- (a) knowledge about updates in ICAO provisions and other provisions pertaining to procedure design; and
- (b) Maintenance and enhancement of knowledge and skills in the design of procedures.

OJT is aimed at permitting the new IFP designer to integrate his basic knowledge with actual practice. The IFP design organization shall ensure that new IFP designers undergo an adequate, supervised OJT.

The competency of the IFP designer shall be subject to periodic verification by DCA to ensure continued compliance with the requirements in this regulation.

The IFP design organization shall maintain training records for their IFP designers.

CHAPTER 4: PROCEDURE DESIGN INFORMATION ACQUISITION AND QUALITY ASSURANCE

4.1 INFORMATION ACQUISITION

Current and complete survey data and information is crucial to the design of safe IFP. The IFP design office shall ensure that the survey and subsequent IFP design activities are controlled and monitored by a person(s) trained in procedure design.

In the obstacle survey for procedure design, the IFP designer shall consider that:

- (a) all obstacles be accounted for. items, such as trees and heights of tall buildings shall be accounted for either by physical examination of the site or by addition of a suitable margin above terrain contours; and
- (b) the accuracy of the vertical and horizontal data obtained may be adjusted by adding an amount equal to the specified survey error to the height of all measured obstructions and by making a corresponding adjustment for specified horizontal error.

The procedure design information shall be coordinated with all relevant stakeholders. As input for the procedure design process the following aspects need to be assessed:

- (c) airport, navigation aid, obstacle, terrain coordinate and elevation data, based on verified surveys and complying with existing MCARs requirements;
- (d) airspace requirements;
- (e) user requirements – the needs of Air Traffic Service provider and operators who will use this procedure;
- (f) airport infrastructure such as runway classification, lighting, communications, runway markings, and availability of local altimeter setting;
- (g) environmental considerations; and
- (h) any other potential issue associated with the procedure.

4.2 QUALITY ASSURANCE

The Flight Procedure Design office under the air traffic management division is fully responsible to ensure that all published instrument flight procedures in Myanmar airspace can be flown safely by the relevant aircraft which is based on quality assurance for the procedure design process detailed in the *Quality Assurance Manual for Flight Procedure (ICAO Doc 9906)*.

Safety is not only accomplished by application of the technical criteria in PANS-OPS and associated ICAO provisions, but also requires measures that control the quality of the process used to apply that criteria, which may include regulation, air traffic monitoring, ground validation and flight validation. These measures shall ensure the quality and safety of the procedure design product through review, verification, coordination, and validation at appropriate points in the process, so that corrections can be made at the earliest opportunity in the process.

CHAPTER 5: INSTRUMENT FLIGHT PROCEDURE DESIGN PROCESS

5.1 INTRODUCTION

The Instrument Flight Procedure Design process (see Appendix 1) encompasses the acquisition of data, design and promulgation of procedures. It starts with compilation and verification of the many inputs and ends with ground and/or flight validation of the finished product, and documentation for publication.

IFP shall be accompanied by a narrative, which describes the procedure in textual format.

5.2 PROCEDURE DESIGN

Procedures shall be designed according to ICAO Doc 8168 – PANS-OPS criteria. Coordination with all concerned parties shall continue throughout the procedure design and validation process to ensure that the procedure meets the needs of the user and the community.

Each new or revised procedure shall be verified by a person(s) trained in procedure design other than the one who designed the procedure, to ensure compliance with applicable criteria.

Published procedures shall be subject to periodic review to ensure that they continue to comply with changing criteria, and meets user requirements. The maximum interval for this review is five years.

5.3 PROCEDURE DESIGN DOCUMENTATION

The documentation provided by the IFP designer is divided into three categories and includes:

- (a) documentation required for publication in the AIP in accordance with MCAR Part 5 Section 8 and Section 7;
- (b) documentation required to maintain transparency concerning the details and assumptions used by the IFP designer, which should include supporting information/data used in the design, such as:
 - i. controlling obstacle for each segment of the procedure;
 - ii. effect of environmental considerations on the design of the procedure;
 - iii. infrastructure assessment;
 - iv. airspace constraints;
 - v. for modifications or amendments to existing procedures, the reasons for any changes; and
 - vi. for any deviation from existing standards, the reasons for such a deviation and details of the mitigations applied to assure continued safe operations.

All calculations and results of calculations shall be presented in a manner that enables the reader to follow and trace the logic and resultant output. A record of all calculations shall be kept in order to prove compliance to or variation from the standard criteria.

Formulae used during calculation shall be the standard formulae as stated in ICAO Doc 8168 and related ICAO publications. Units of measurement and conversion factors between such units shall be in accordance to MCAR Part 5 Section 8, Section 7 and ICAO Annexe 6.

MCAR PART 5 - AIR NAVIGATION SERVICES
SECTION 10 - INSTRUMENT FLIGHT PROCEDURE DESIGN

Rounding of results shall follow the standard guidelines in ICAO Doc 8168 and related ICAO publications. Rounding shall only be made at the publication stage to facilitate usable figures on maps and charts. Where rounding is required at earlier stages rounding shall be made to the pessimistic consideration, i.e. obstacles heights rounded up, speeds rounded up, turn altitudes rounded down etc.

All documentation shall undergo a final verification for accuracy and completeness prior to validation and publication.

All documentation shall be retained to assist in recreating the procedure in the future in the case of incidents and for periodic review and maintenance. The periodic retention shall not be less than the operational lifetime of the procedure.

5.4 GROUND AND FLIGHT VALIDATION

Validation

Validation is the necessary final quality assurance step in the procedure design process, prior to publication. The purpose of validation is the verification of all obstacle and navigation data, assessment of fly ability of the procedure. Validation normally consists of ground validation and flight validation.

Ground validation shall always be undertaken.

When ground validation can verify the accuracy and completeness of all obstacle and navigation data considered in the procedure design, and any other factors normally considered in the flight validation, then the flight validation requirement may be dispensed with.

Ground Validation

Ground validation is a review of the entire instrument flight procedure package by a person(s) trained in procedure design and with appropriate knowledge of flight validation issues. It is meant to arrest errors in criteria and documentation, and evaluate on the ground, to the extent possible, those elements that will be evaluated in a flight validation. Issues identified in the ground validation should be addressed prior to any light validation.

The ground validation would also determine if flight validation is needed for modifications and amendments to previously published procedures.

Flight Validation

Flight validation of instrument flight procedures should be carried out as part of the initial record and should also be included as part of the periodic quality assurance programme. It shall be accomplished by a qualified and experienced flight inspector.

The objectives of the flight validation of instrument flight procedures are to:

- (a) provide assurance that adequate obstacle clearance has been provided;
- (b) verify that the navigation data to be published, as well as that used in the design of the procedure, is correct;
- (c) verify that all required infrastructure, such as runway markings, lighting, and communications and navigation sources, are in place and operative;
- (d) conduct an assessment of fly ability to determine that the procedure can be safely flown; and
- (e) evaluate the charting, required infrastructure, visibility and other operational factors.

MCAR PART 5 - AIR NAVIGATION SERVICES
SECTION 10 - INSTRUMENT FLIGHT PROCEDURE DESIGN

Flight validation should be apart from flight inspection. Flight inspection of IFP is required to assure that the appropriate radio navigation aids adequately support the procedure. This is carried out as part of a formal flight inspection programme and is performed by a qualified flight inspector using an appropriately equipped aircraft.

The IFP designer shall be the originator of all data applicable to conduct a flight validation provided to the flight inspection operations activity. The IFP designer should be prepared to provide briefings to the flight inspection crews in those cases where flight procedures have unique application or special features.

The IFP designer may participate in the initial validation flight to assist in its evaluation and obtain direct knowledge of issues related to the procedure's design from the flight inspection pilot and/or inspector.

CHAPTER 6: SAFETY ASSESSMENT

6.1 SAFETY ASSESSMENT

The IFP design organization shall carry out a safety assessment in respect of proposals for new flight procedure designs or any significant changes in a revised procedure. Proposals shall be implemented only when the assessment has shown that an acceptable level of safety will be met.

The safety assessment shall consider relevant factors determined to be safety-significant, including but not limited to:

- (a) types of aircraft and their performance characteristics, including navigation capabilities and navigation performance;
- (b) traffic density and distribution;
- (c) airspace complexity; ATS route structure and classification of the airspace;
- (d) aerodrome layout
- (e) type and capabilities of ground navigation systems
- (f) any significant local or regional data (e.g. obstacles, infrastructures, operational factors, etc).

Safety risk control/mitigation process shall include hazard/consequence identification and safety risk assessment. Once hazards and consequences have been identified and safety risks assessed, the effectiveness and efficiency of existing aviation system defences relative to the hazards and consequences should be evaluated. As a consequence of this evaluation, existing defences shall be reinforced, new ones introduced, or both.

As part of the safety assurance, the risk control/ mitigation process shall include a system of feedback. This is to ensure integrity, efficiency and effectiveness of the defences under the new operational conditions.

The IFP design organization shall ensure that the results and conclusions of the safety assessment and mitigation process of a new or changed procedure are specifically documented, and that this documentation is maintained throughout the life of the instrument flight procedure.

CHAPTER 7: DESIGN PUBLICATION

7.1 PUBLICATION OF INSTRUMENT FLIGHT PROCEDURES

The IFP design organization shall ensure that instrument flight procedures designs/charts, are provided to the Aeronautical Information Service (AIS) provider for publication in the AIP.

The intended effective date for operational use of the IFP shall be included in the document narrative.

The designs/charts published in the AIP shall be produced in accordance with the provisions contained in the documents listed below:

- (a) MCAR 4 – Aeronautical Charts
- (b) ICAO Doc 8168 Volumes I and II - Procedures for Air Navigation Services – Aircraft Operations (PANS-OPS)
- (c) ICAO Doc 8697 – Aeronautical Chart Manual
- (d) MCAR 15 – Aeronautical Information Services

The aeronautical charts included in the AIP shall be kept up-to-date by means of replacement sheets where necessary. Significant amendments or revisions in the IFP shall be clearly indicated in the revised charts.

CHAPTER 8: PROCEDURE DESIGN AUTOMATION

8.1 GENERAL

Procedure design automation tools have the potential to reduce errors in the procedure design process, as well as to standardize the application of the PANS-OPS criteria.

ICAO produces several tools automating elementary portions of the procedure design criteria, where the consequences of error are particularly significant to safety. Included in these tools are the PANSOPS Obstacle Assessment Surface (OAS) Software and the PANSOPS Software (CD-101), providing a means to evaluate the total risk of impact with an obstacle or the ground on precision approaches.

8.2 PROCEDURAL DESIGN AUTOMATION

The IFP design organization shall ensure that the software packages used in the design of procedures have been validated. A description of the procedures to be used to ensure that all equipment, including software is operated in accordance with the manufacturer, operating instructions and manuals, shall be made readily available to the IFP designer.

APPENDIX 1

INSTRUMENT FLIGHT PROCEDURE DESIGN PROCESS

